

HIKING TRIPS IN LEBANON

HIKING IN QADISHA VALLEY

Qadisha Valley is one of the best hiking destinations in Lebanon as it's the best way to see the incredible scenery both on the mountain plateaus and down on the valley floor.

As moderate level, you will start your hike in the village of Hawqa from where you descend down into the valley. Here, you will visit Hawqa monastery, still inhabited by one of the last three hermits in the valley. You will continue your hike with a 1-to-1.5-hour breathtaking path toward the chapel of Mar Marina and Deir Qannoubine, the oldest Maronite monastery. After the hike, you can take a lunch at a local restaurant (Lebanese Mezza) by enjoying the beautiful view of the valley.



What to Wear/Bring:

- Water
- Comfortable shoes
- A back-pack
- Comfortable pants/shorts
- Sweater

Price per person in US Dollars:

Based on minimum 2 Pax : USD 169.00

Based on minimum 4 Pax : USD 93.00

Based on minimum 6 Pax : USD 64.00

Based on minimum 8 Pax : USD 59.00

Based on minimum 9 and above: Available upon request.

Price includes:

- Transportation
- Pickup and drop off from/to **Hotel in Beirut**
- Guidance (English/French)
- Entrance fees.

Optional: After your lunch, you can add to your trip the visit of Cedars of God or Khalil Gibran Museum in Becharreh.

HIKING IN CHOUWEN LAKE AND SWIMMING

Jannet Chouwen valley and river located in Ftouh Keserwan, 40 Km away from Beirut on an altitude of 600 m above level sea.

In Jannet Chouwen you will experience the pleasure of hiking in the majestic nature, mixed forests with oak, pine and many other plant species, until we reach its marvelous lake known as Jannet Chouwen. There, one may relax by the lake under the shade of the trees and others may benefit from the clean transparent water for a swim.

Hiking trip is about 3 hours (back and forth), with a Moderate level during down slopes and advanced during up slopes.



What to Wear/Bring:

- Comfortable shoes for the hiking
- A back pack
- Swimsuit and Sandals in case of swimming

Price per person in US Dollars:

Based on minimum 2 Pax : USD 181.00

Based on minimum 4 Pax : USD 105.00

Based on minimum 6 Pax : USD 76.00

Based on minimum 8 Pax : USD 71.00

Based on minimum 9 and above : Available upon request.

Price includes:

- Transportation
- Pickup and drop off from/to **Hotel in Beirut**
- Guidance (English/French)
- Entrance fees.

HIKING IN BAROUK CEDARS-CHOUF

Barouk Cedars is the largest of Lebanon nature reserves. Stretches from Dahr Al-Baidar in the north to Niha Mountain in the south. blanketed with oak forests on its northeastern slopes and juniper and oak forests on its southeastern slopes the reserves most famous attractions are its three magnificent cedar forests of Maasser Al-Shouf , Barouk and Ain Zhalta – Bmohary .



There are two different hikes, both of moderate level. 4 to 5 hours (14 km, level 4) hike starts at the Barouk entrance of the Shouf Cedar Reserve, from where you will follow the mountain ridge toward Ain Zhalta, providing some great views over the Beqaa Valley.

You will end your hike with passing through the gorgeous cedar reserve of Ain Zhalta.

What to Wear/Bring:

- Water
- Comfortable shoes
- Comfortable pants/shorts
- A back-pack
- A sweater
- Sunglasses and sunscreen

Price per person in US Dollars:

Based on minimum 2 Pax : USD 169.00

Based on minimum 4 Pax : USD 102.00

Based on minimum 6 Pax : USD 74.00

Based on minimum 8 Pax : USD 62.00

Based on minimum 9 and above: Available upon request.

Price includes:

- Transportation
- Pickup and drop off from/to **Hotel in Beirut**
- Guidance (English/French)
- Entrance fees.

Optional: You can add the visit of Beiteddine Palace, Deir El Kamar or Moussa Castle before your hiking trip.

Note: it is just an offer, availability and rates are subject to change until firm booking